



# Institute of Medicine

Lance B. Becker, MD

- Cardiac Arrest, Hypothermia, Post-Resuscitation care
  - Huge variability in survival cause(s) unknown!
  - Does regionalization fix variability? (beware “hammer”)
- Cardiac arrest is different “Out-of-host” and “in-hosp”
  - Trauma model (surg/procedural) or more critical care (ARDS-like, cognitive model) *simple procedure but complex systems*
  - Happens at ALL hospitals, time critical (seconds!), no data
- What is regionalization? (pts or experts)
  - “Mecca” model vs. “teach everybody” best practices
  - Third approach? Regionalize experts w new distribution
    - Telemed / Visicue / new tech
- Intended versus unintended consequences
  - If some centers are improved will others become worse (really bad)?
- We Need Rigorous studies, efficacy demonstration projects