


HEALTH DISPARITIES

among Southeast Asian in
Central Valley

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A stylized silhouette of a mountain range in shades of teal, located in the bottom right corner of the slide.

BACKGROUND

- In the central valley: Asians have the highest rate of limited English proficiency (40% compared to 37% for Latinos).
- More than 1/3 of Asian residents in California is limited English Proficiency
- In the Central Valley, the majority of Asians in the cities of Fresno and Merced are LEP.
- Pacific Islanders: 3rd highest LEP in the region @ 18%
- Physical Healthcare & Mental Health service providers lack the cultural understanding and worldviews about health and illness of the API population.

HEALTH DISPARITIES

Physical Health

Access to Care:

Language Appropriate
Interpreters

Transportation

Child Care

Lack of
Awareness/Knowledge

Lack of culturally
appropriate resources

Diversify Workforce

BARRIERS

Mental Health

Access to Care:

Language Appropriate
Interpreters

Transportation

Child Care

Lack of
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Diversify Workforce

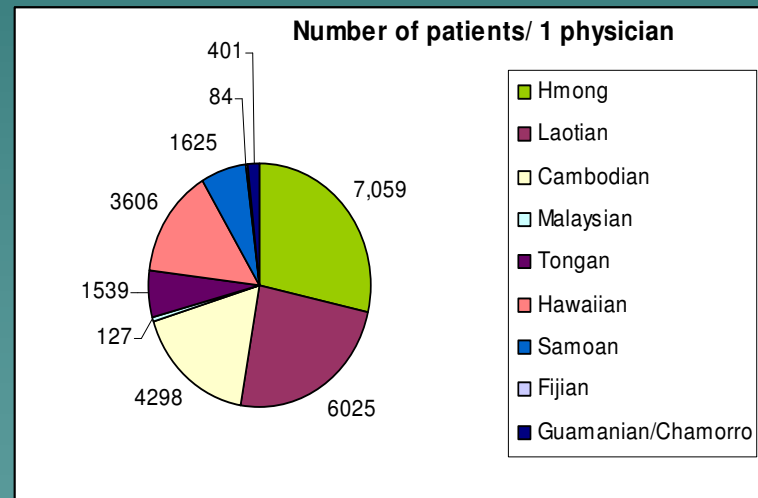
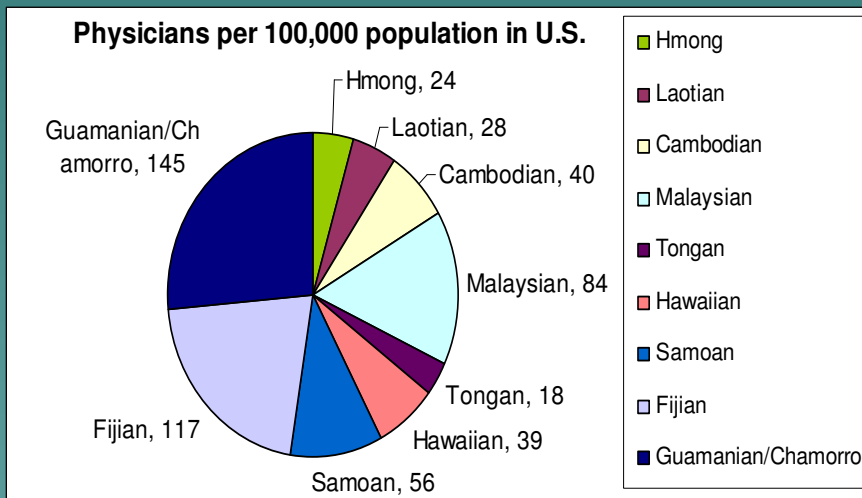
HEALTH WORKFORCE DIVERSITY

- **Lack of:**

- u API health physicians and healthcare professionals to provide care and services to our population.
 - Medical Assistant, Frontline staffs, Nurses, doctors, etc.
- u Language Interpreters at healthcare systems
- u API mental health therapists or counselors
 - Case Managers, Frontline staffs, etc.
- u “Lack of a usual place to go for medical care”. API community tends to cluster in one health clinic where their language spoken.

HEALTH WORKFORCE DIVERSITY

- u 173 DOCTORS PER 100,000 RESIDENTS, THE LOWEST OF ANY REGION IN THE STATE
- u OF THE 61,800 PRACTICING DOCTORS, 90 ARE OF HMONG, LAO, CAMBODIAN, OR SAMOAN BACKGROUND



TRANSPORTATION

- API population is limited to receiving CA driver's license due to lack of language appropriate services.
- The lack of use of Public Transportations is due to language barrier, fear, accessibility and cost.
- Finding ways to access health services.

CHILD CARE

- u LACK OF APPROPRIATE CHILD CARE SERVICES
- u LACK OF FUNDING OR AFFORDABLE CHILD CARE
- u LACK OF TRUST OF CHILD CARE FACILITY

SOURCES

- u *Asian American Legal Center*
- u *Southeast Asian Resource Assistant Center*
- u *Asian Pacific Islander American Health Forum*
- u *Fresno Center for New Americans*
- u *FRESNO BEE*