

Natural History of Type 1 Diabetes (T1 DM)

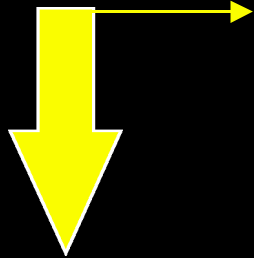
Initiators

- virus ?
- diet ?

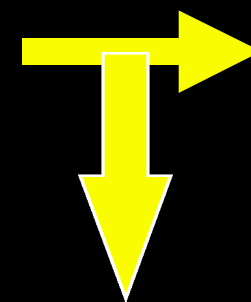
Promoters

- genes ?
- virus ?
- diet ?

Genetic susceptibility



Islet Autoimmunity



Clinical diabetes

No autoimmunity

**No progression
Remission**

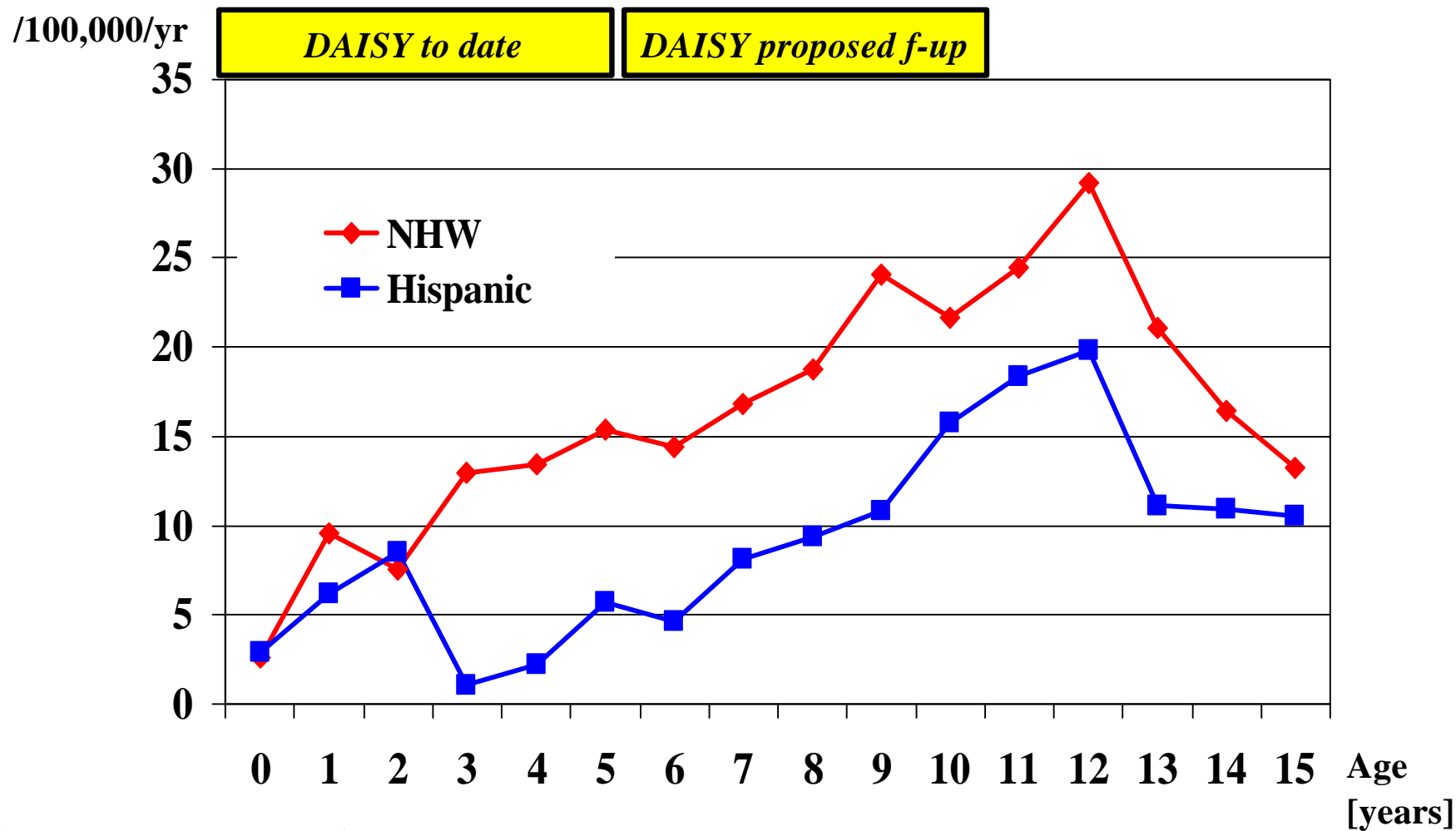
Islet Autoimmunity (IA)

Definition

- **IAA, GAD or ICA512 (IA-2) positive on at least two consecutive visits including the last visit**
- **or positive once before developing diabetes**

(would be nice to have a good T-cell assay or beta-cell mass measure)

Incidence of Type 1 diabetes



Colorado IDDM Registry, 1978-88

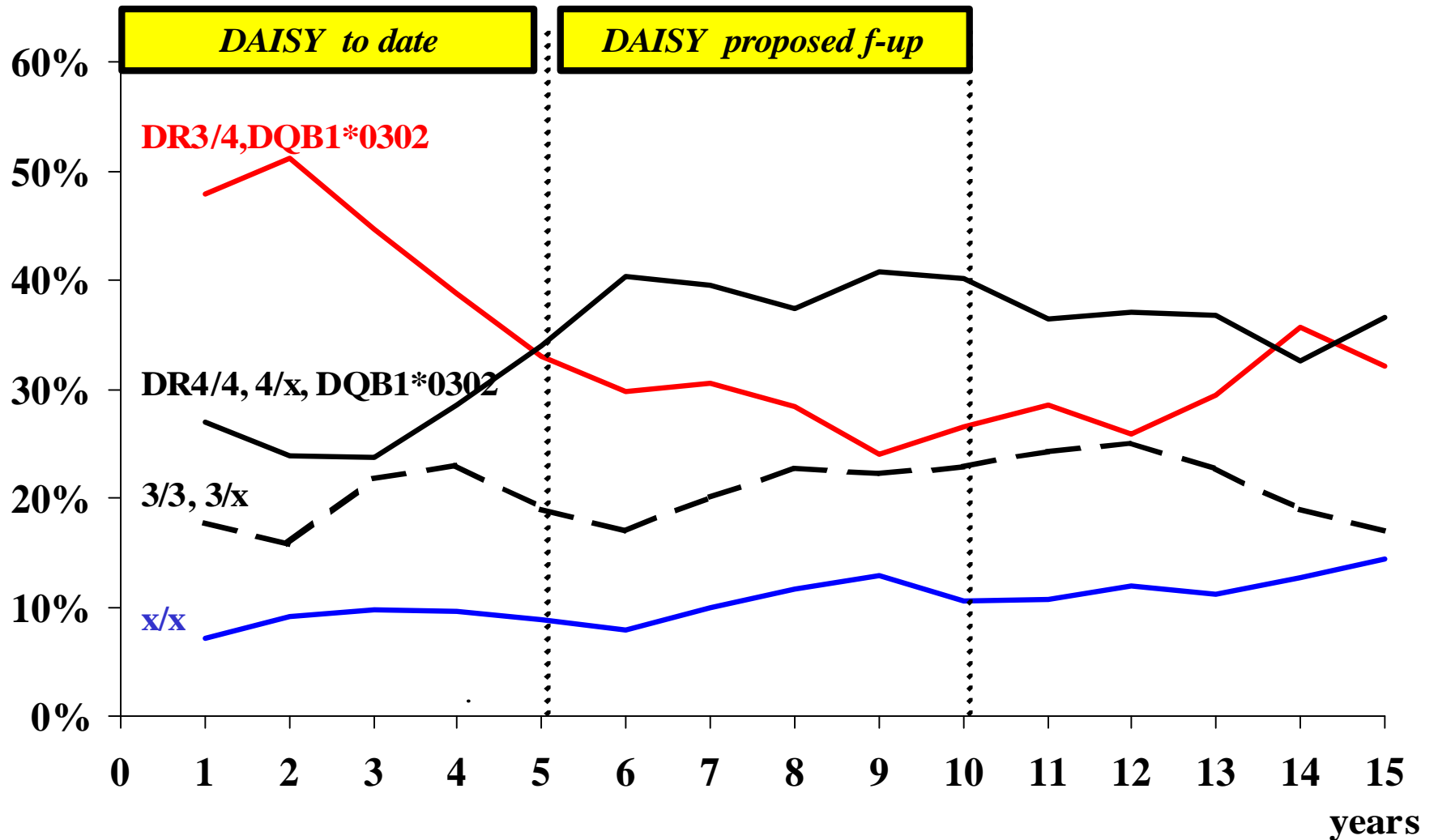
IDDM Loci Confirmed in Recent Genome Screens

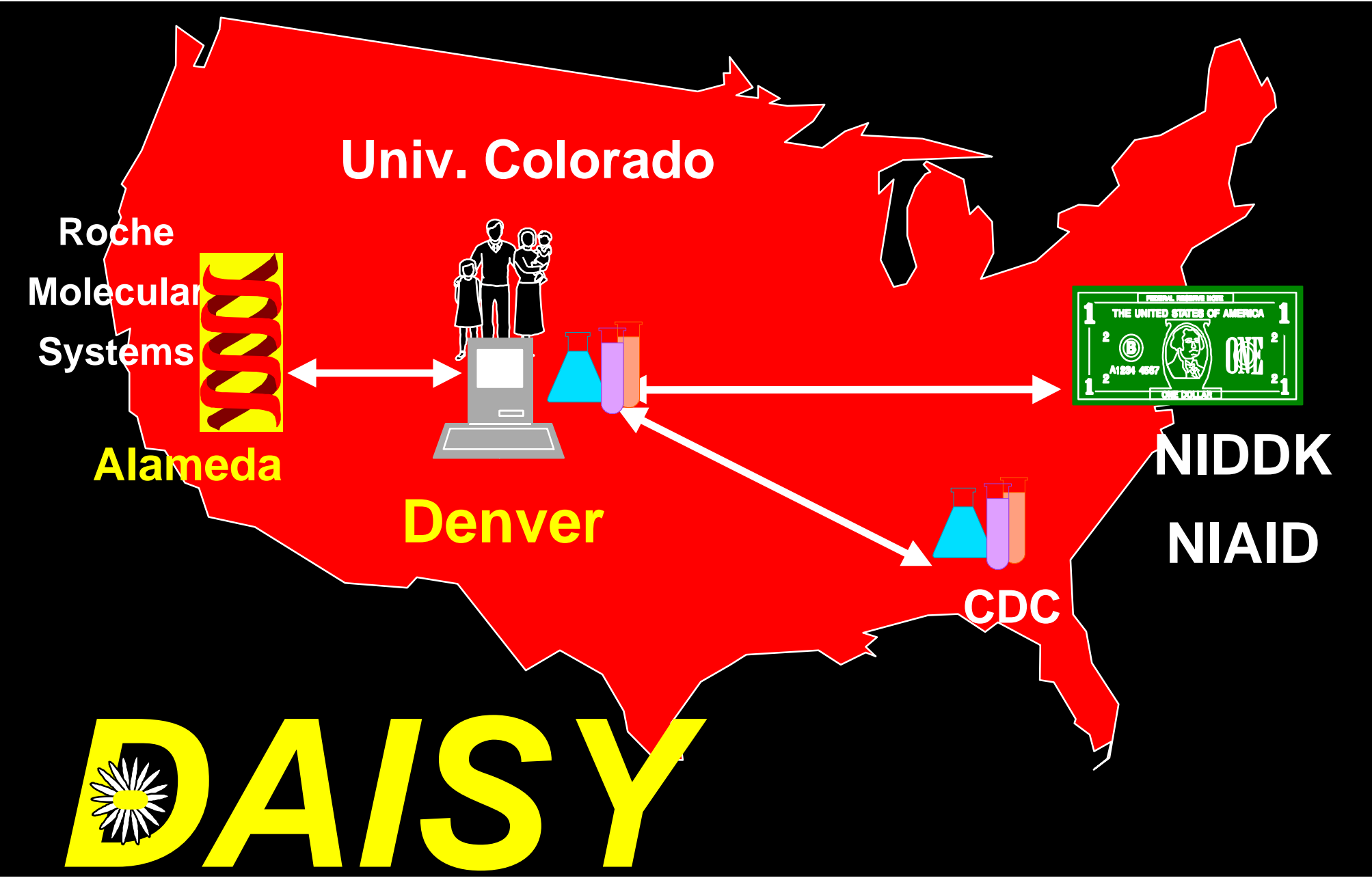
IDDM	Marker	Chromosome	LOD
IDDM1	MHC	6p21.3	65.8, 39.4*
IDDM2	Insulin	11p15.5	4.28
IDDM15	D6S283	6q21	2.36, 3.12*
IDDM10		10p13-q11	2.8
IDDM7		2q31	2.62
	D16S3098	16q	4.23
		16p*	2.34*
		1q42	2.27
		2*	2.1*
		5*	2.1*

Concannon et al. 768 families

*Julier et al. 485 sib pairs

HLA-DR,DQ genotypes in Colorado T1 DM patients (n=1,509)





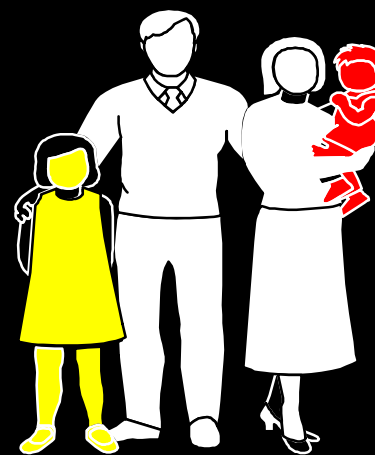
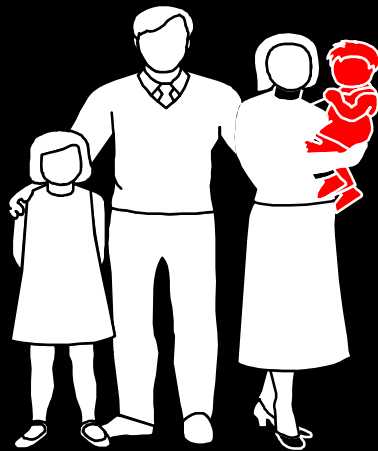
DAISY

Diabetes Autoimmunity Study in the Young

Diabetes Autoimmunity Study in the Young

General population cohort

Sibling/offspring cohort



screened = 23,305

enrolled =	349	high risk	83
	448	moderate risk	230
	347	average - low risk	500
	1,144	All	813
relatives	1,491		1,007

General Population HLA screening

DAISY 1999 +		
HLA-DR,DQ	%	RR
3/4, 0302 (not *0403,6)	2.1	26
4/4, 0302 (not *0403,6)	2.4	11
4/1, 8, 9 or 13 (not *0403,6)	3.4	6
3/3	1.5	4
	9.4%	

Add *IDDM2*, CTLA-4, other HLA- and non-HLA markers ?

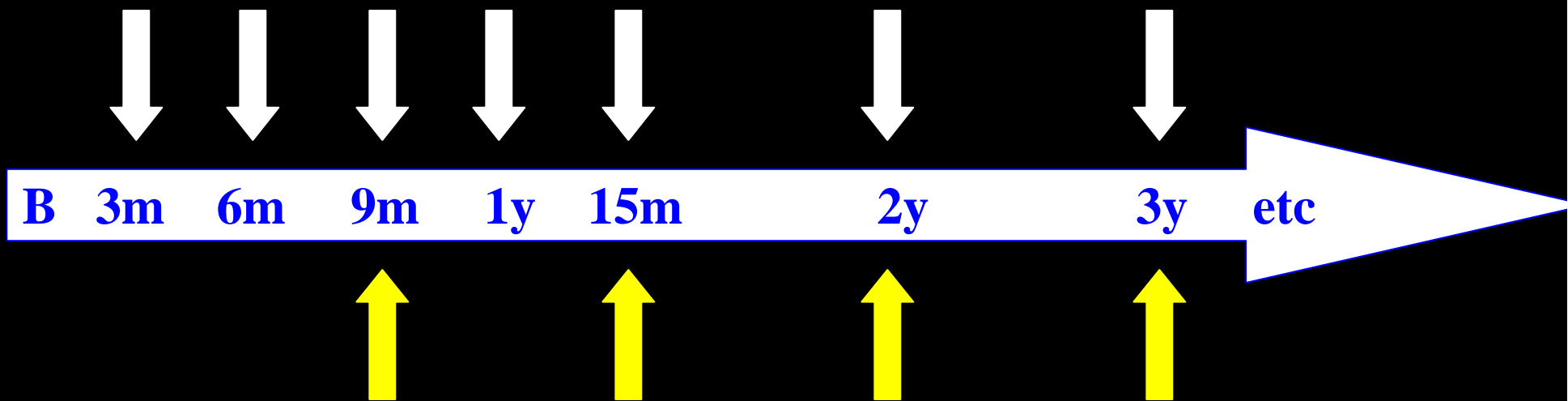
DAISY Strip (18 BSA-SSO probes) for DRB1 and DQB1

Epitopes: W L F W P R Y S T S V H Y S T G G Y K K D F E E V K G R R-E E R H F H V D N Y C V D T Y C G V L G P P A E G T R A D Q B 1 A L L

DR Type	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1	X												X	+/-	+/-			X
2 (0602)		X											X	+/-	+/-		X	X
2#		X											X	+/-	+/-			X
3			X						X			X		+/-	+/-			X
4 (0302)				X									X	+/-	+/-	X		X
4*				X									X	+/-	+/-			X
0403/06/11				X						X			X		X	+/-		X
0407				X						X			X	X		+/-		X
11/13/14			X							+/-			X	+/-	+/-	+/-	+/-	X
12					X						X		X		+/-			X
7						X								X				X
8/1404/1411					X								X	+/-	+/-	+/-		X
9							X							X				X
10								X					X	X				X

General Population High/Moderate-Risk Cohort Follow-up Protocol (N=5,200)

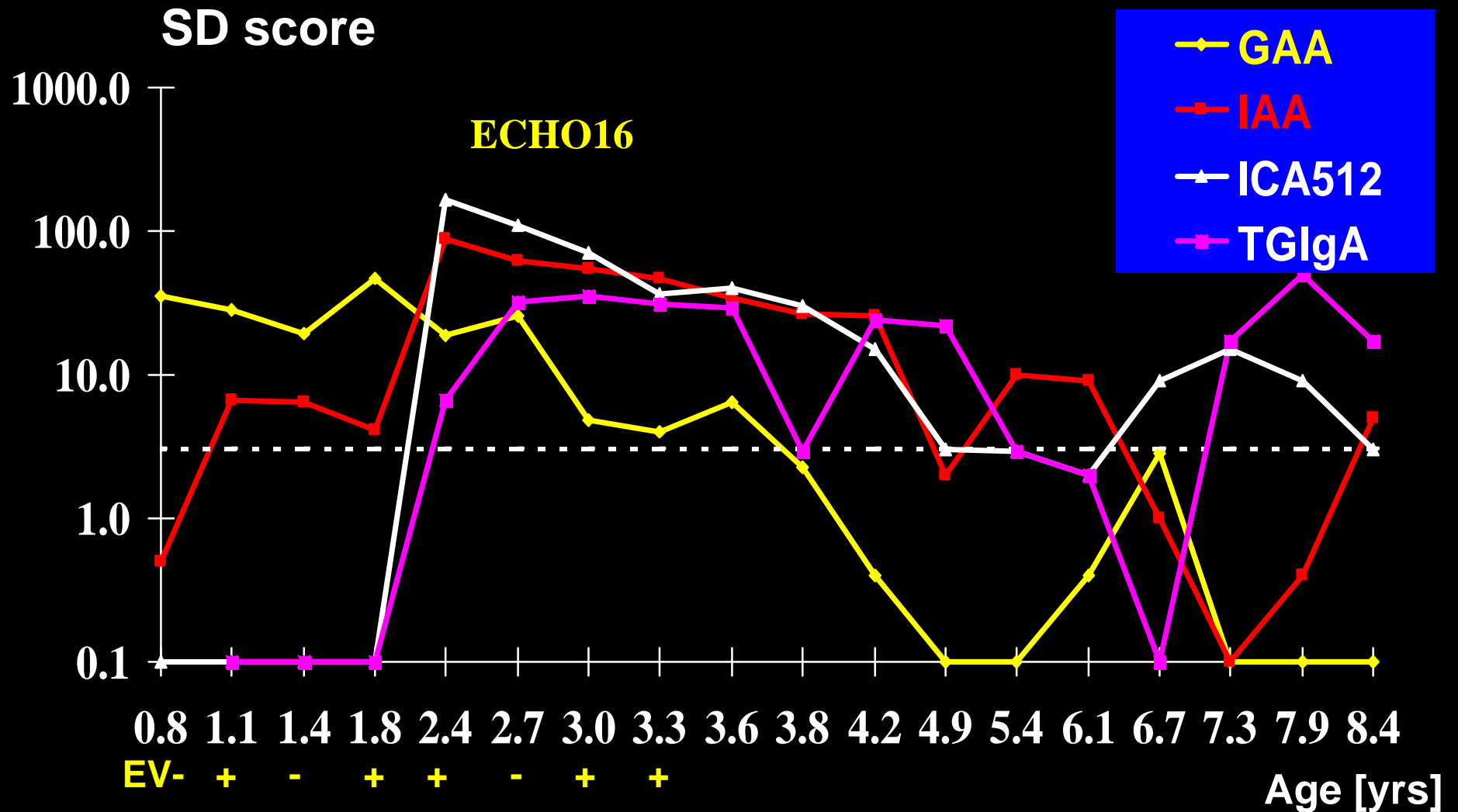
Interviews: diet, infections, immunizations
allergies, stress



Clinical Visits: blood sample for GAA, IAA, ICA512, DNA
throat and rectal swabs, saliva sample

Autoantibody development in a sibling

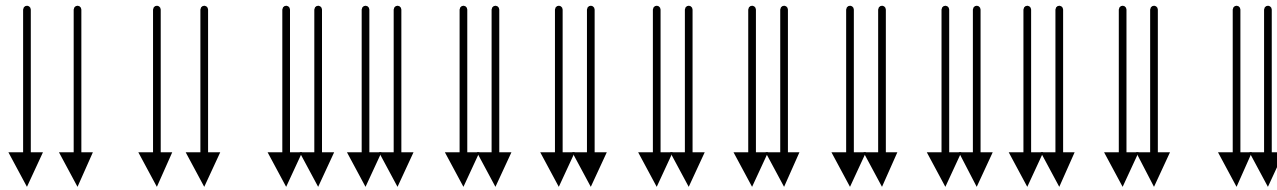
HLA-DR3/4,DQB1*0302 DAISY ID 00060



Intensive follow-up protocol (N=500)

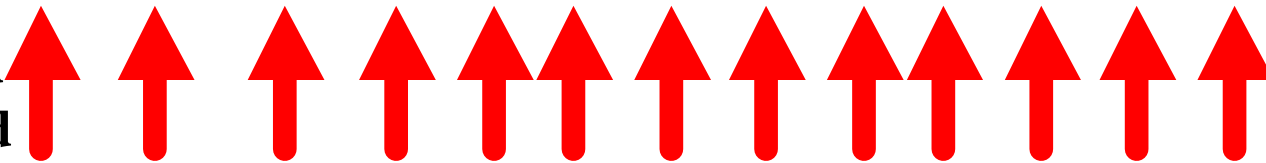
Siblings & offspring, DR3/4,DQB1*0302, DR4/4, DR 3/3

Filter Paper Blood: GAA, IAA, IA-2, viral antibodies



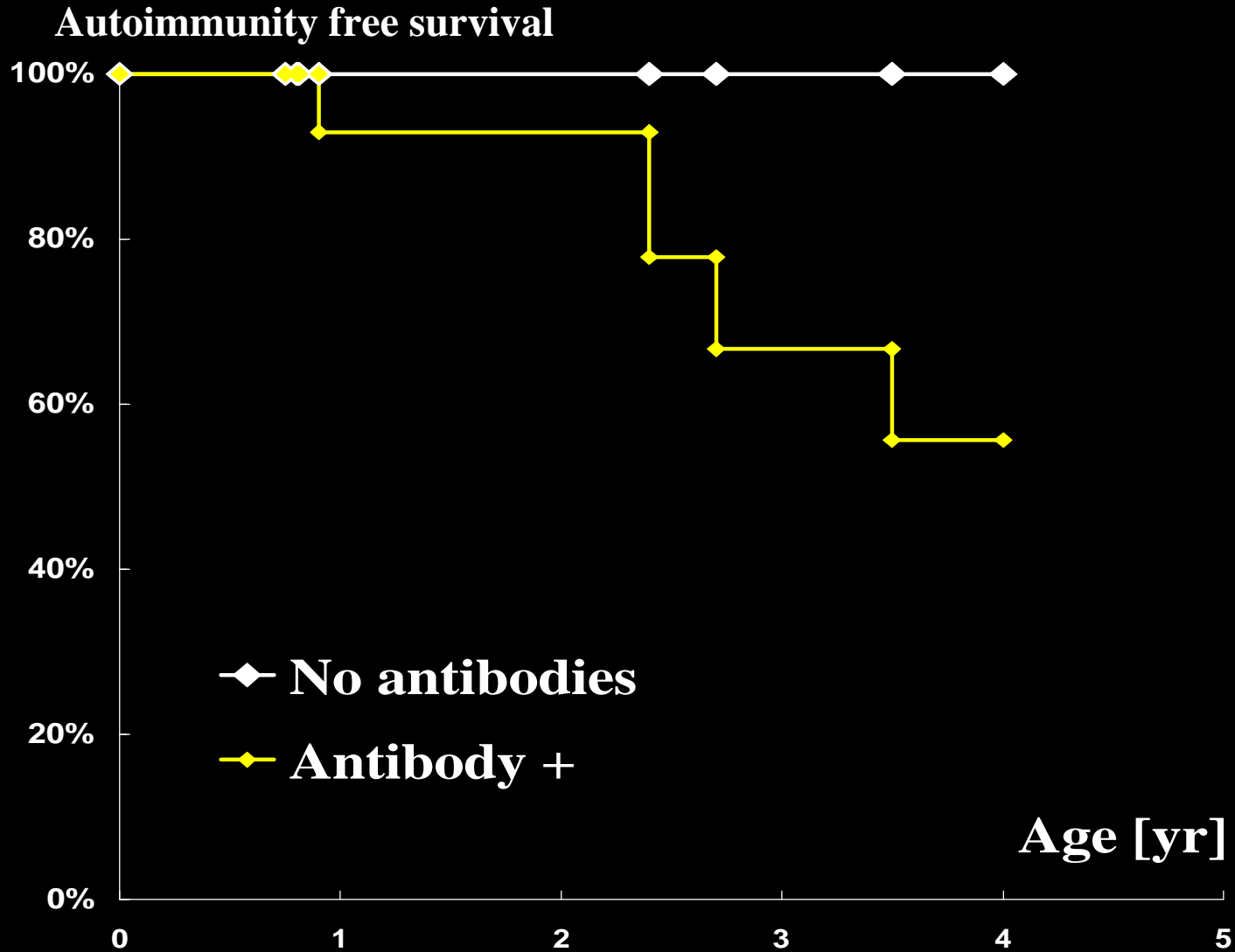
0 1 2 3 4 5 6 7 8 9 12 15 18 21 24 27 31 33 36, etc. months

Cord
blood

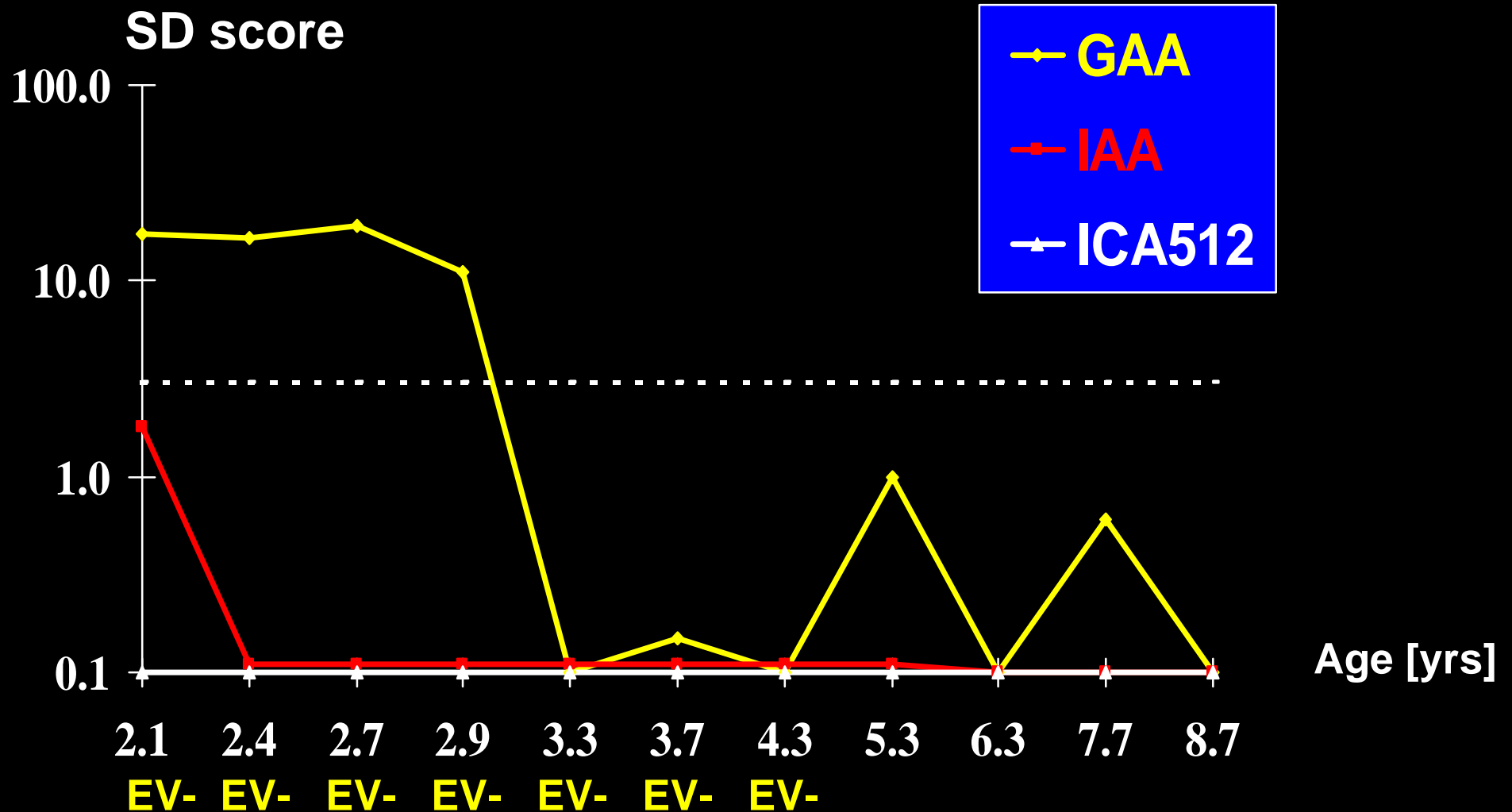


Clinic Visits: blood for GAA, IAA, IA-2, viral antibodies, DNA
T-cell studies
throat & rectal swabs, saliva samples, interviews

Risk of diabetes in siblings and offspring



Remission in a HLA-DR4/x sibling HLA-DR4/x, DAISY ID 00130



Early childhood diet and T1DM ?



Associations between exposure to specific foods in the infant diet and risk of BCA

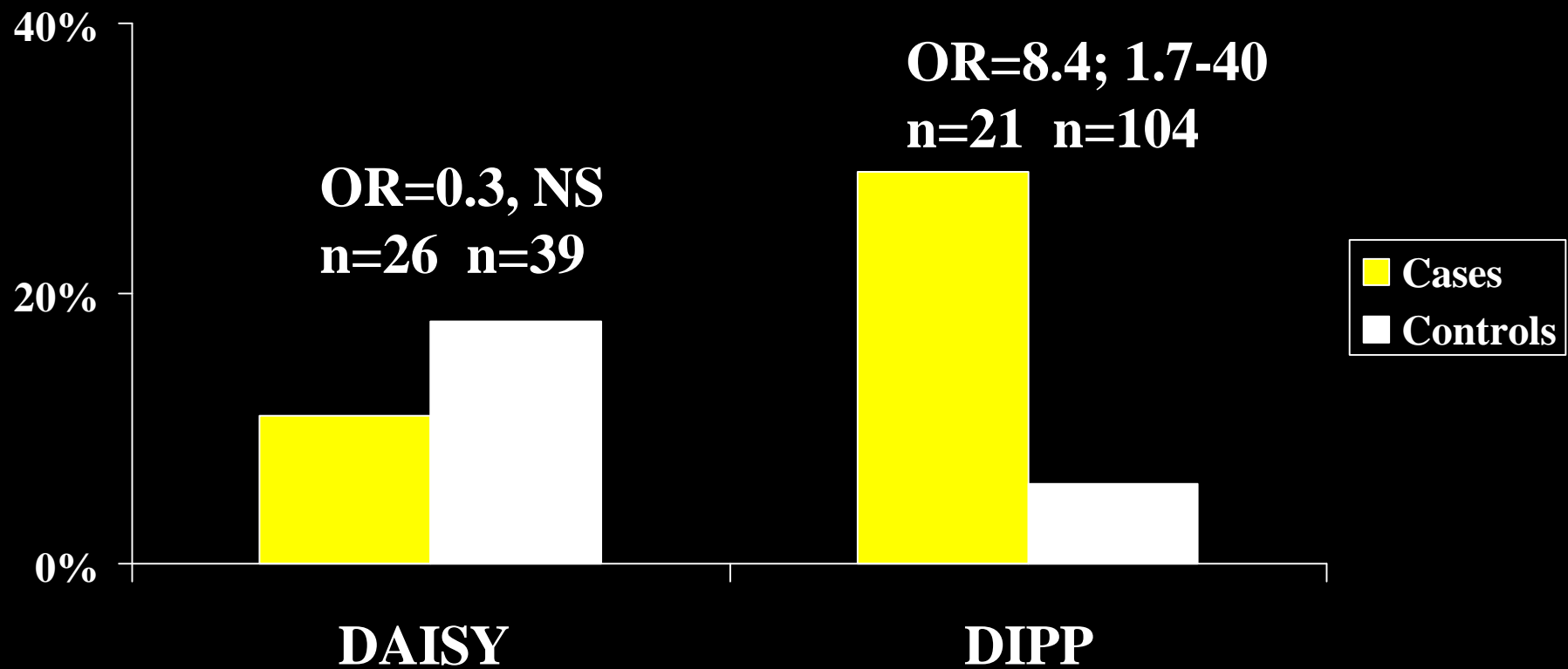
Exposed by 6 Months to:	Cases (n = 27)	Controls (n = 1022)	P-value	Hazard ratio (95% CI)
Cereal	77.8%	92.9%	0.003	0.29 (0.12-0.72)
Gluten	33.3%	58.3%	0.01	0.41 (0.18-0.92)
Fruits/vegetables	70.4%	83.5%	0.11	0.42 (0.18-0.96)
Cow's milk	74.1%	75.4%	0.87	1.17 (0.49-2.79)
Meat	22.2%	15.8%	0.42	1.46 (0.58-3.61)

Infections and T1 DM ?

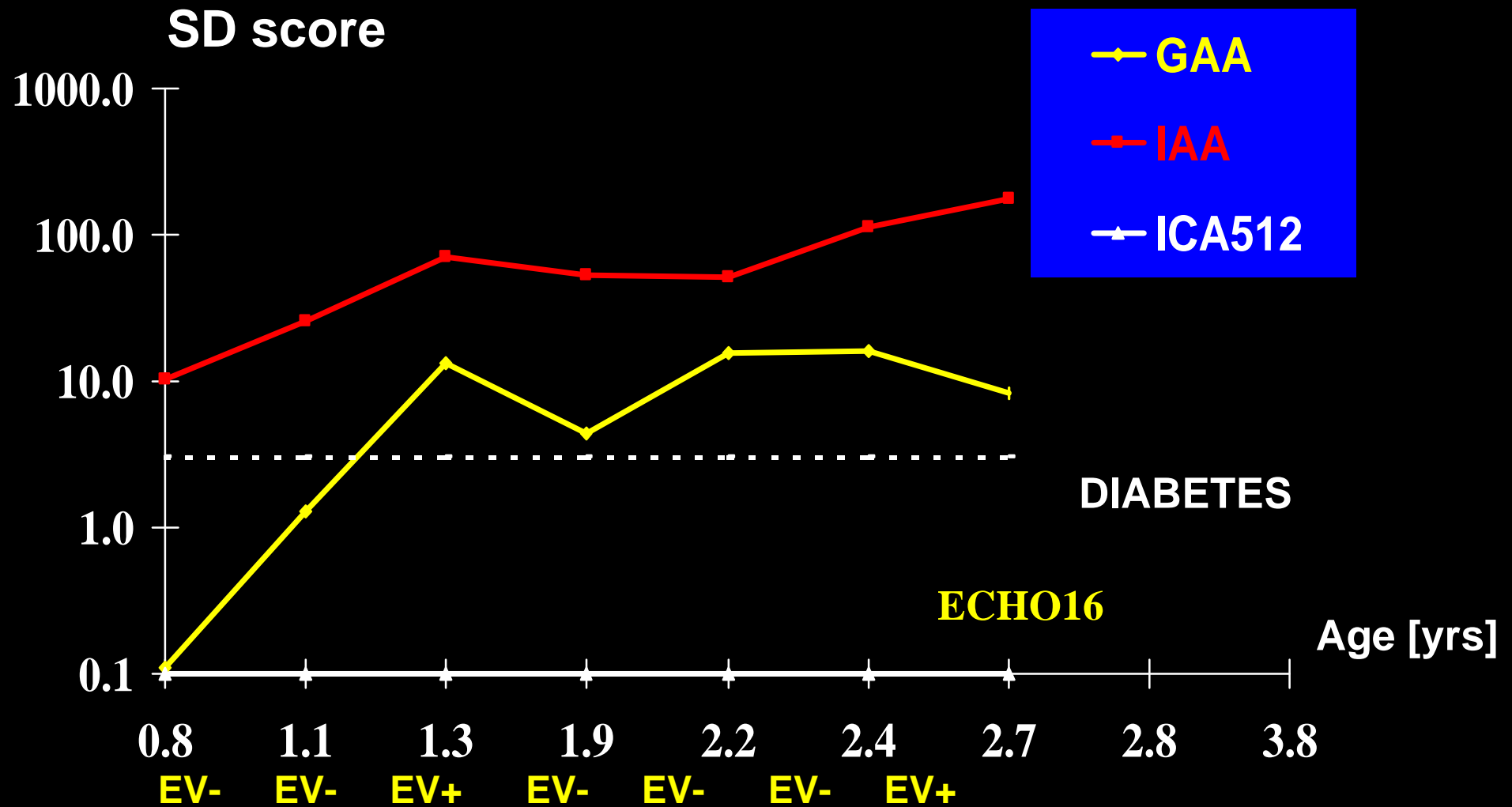
Enteroviruses - recent studies

Study	Autoimmunity	Diabetes
Frisk 1992, Dahlquist 1995		CVB 1-5 IgM
Hyoty 1995 Hiltunen 1997	IgM, IgG CVB	CVB IgM, IgG
Clements 1995 Andreoletti 1997		EV RNA
Graves (DAISY) 1996, 1998	- EV RNA - EV IgM	- EV RNA
Lonnrot 2000	+ EV RNA	- EV RNA

PCR-detected EV infections during a 6-months prior to development of islet autoantibodies



Autoantibody development in a sibling with HLA-DR3/4,DQB1*0302 DAISY ID 00132



Immunizations and Type 1 diabetes

P. Graves at al, DAISY 1998

- **There was no difference between cases or controls in the timing or number of doses of Polio, DTP or MMR vaccines.**
- **There was no difference between cases and controls in the proportion receiving HBV, receiving HBV at birth, or age at first HBV.**
- **There was a trend towards earlier Hib immunization in cases.**
- **There is no suggestion that earlier administration of childhood vaccines would prevent BCA or type 1 DM.**

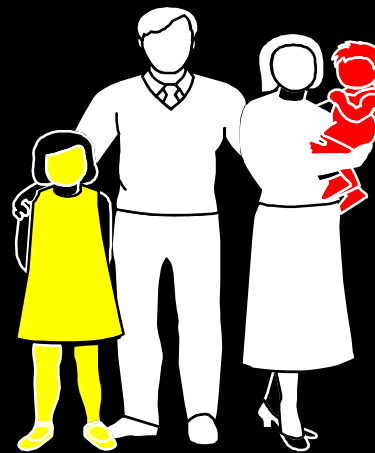
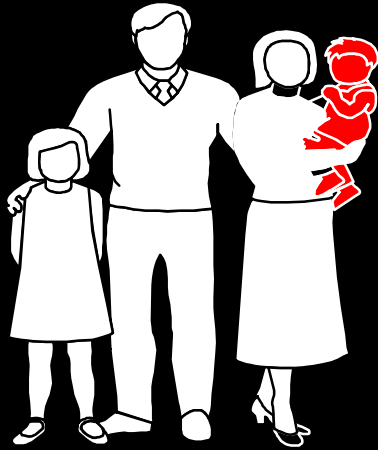
A future multi-center study

General population cohort

Sibling/offspring cohort

3-4 centers, NHW, AA, Hisp., other

4-5 centers (TrialNet, others)



screen = 100,000 /2-3 yrs

screen = 5,000

enroll = 1,500 (75%)

high risk

enroll = 300 (60%)

3,700 (50%)

moderate risk

200 (40%)

3,120 /5,200 (60%)

15-yr f-up

400 / 500 (80%)

200 / 100

cases IA/DM

120 / 80

10,000

Parents

1,000

DAISY follow-up participation rates

