



INSTITUTE OF MEDICINE

OF THE NATIONAL ACADEMIES

Food and Nutrition Board

Committee on Strategies to Reduce Sodium Intake

INFORMATION-GATHERING WORKSHOP

Venable Conference Center, Room E11200 (8th floor)

575 7th Street NW

Washington, DC 20004

March 30, 2009 8:30 am –5:00pm

8:00 – 8:30 Registration and Check-in

8:30 – 8:40 Welcome and Overview of Committee Tasks
Jane Henney, MD, Chair

SESSION 1: Sodium: Taste Perception and Technological Innovations

Moderator: Gary Beauchamp, PhD, Committee Member

8:40 – 8:55 Sodium Taste Perception
*Paul A.S. Breslin, PhD, Monell Chemical Senses Center and Rutgers University
Department of Nutritional Sciences*

8:55 – 9:10 Technological Innovations for Reducing Sodium in Foods
*Cindy Beeren, PhD, Sensory and Consumer Science, Leatherhead Food
International*

9:10 – 9:30 Committee Discussion with Presenters

SESSION 2: Consumer Interface: Public Health Interventions Over Time and Current Consumer Perspectives

Moderator: Glorian Sorensen, PhD, MPH, Committee Member

9:30 – 9:40 Overview of US Public Health Interventions to Reduce Sodium Intake and Hypertension
Ed Roccella, PhD, MPH, retired Program Coordinator, National Heart Lung and Blood Institute, National Institutes of Health

9:40 – 9:50 Consumer Perspectives on Sodium Intake and Reduced Sodium Foods
Susan Borra, RD, Executive Vice President, Managing Director for Nutrition, Food, and Wellness, Edelman

9:50 – 10:10 Committee Discussion with Presenters



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10:10 – 10:25 **Break**

SESSION 3: Regulatory Options for Reducing Sodium Intake

Moderator: David Vladeck, JD, LLM, Committee Member

10:25 – 10:40 Overview of Regulatory Options

*Michael R. Taylor, JD, Research Professor of Health Policy,
School of Public Health, George Washington University*

10:40 – 10:55 Reactions and Discussion Panel

Fred Degnan, JD, Partner, King and Spalding

*Philip Derfler, JD, Assistant Administrator of the Office of Policy and Program
Development, Food Safety and Inspection Service, U.S. Department of
Agriculture*

*Michael R. Taylor, JD, Research Professor of Health Policy,
School of Public Health, George Washington University*

10:55 – 11:20 Committee Discussion with Presenters

SESSION 4: Surveillance and Monitoring

Moderator: Ronette Briefel, DrPH, RD, Committee Member

11:20 – 11:30 Challenges in Biological Measures and Survey Methodologies

*Cliff Johnson, MSPH, Director of the Division of Health and Nutrition
Examination Surveys, National Center for Health Statistics, Centers for Disease
Control and Prevention*

11:30 – 11:40 Challenges in Developing and Maintaining Food Composition Tables for Sodium

*Alanna Moshfegh, MS, RD, Research Leader and Supervisory Nutritionist, Food
Surveys Research Group, U.S. Department of Agriculture*

11:40 – 11:50 Contributions of Specific Food Categories to Current Sodium Intake

Eric Hentges, PhD, Executive Director, International Life Sciences Institute

11:50 – 12:00 Committee Discussion with Presenters

12:00 – 1:00 **Lunch on your own**



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SESSION 5: The United Kingdom Experience in Reducing Sodium Intake

Moderator: Beth Yetley, PhD, Committee Member

- 1:00 – 1:20 Overview of Food Standards Agency Campaign to Reduce Salt Consumption
Corinne Vaughan, Deputy Head of Nutrition Division, Food Standards Agency
- 1:20 – 1:30 Lessons Learned from the Salt Campaign – a Retailer’s Perspective
Vanessa Hattersley, Company Nutritionist, ASDA
- 1:30 – 1:40 Lessons Learned from the Salt Campaign – a Food Processor’s Perspective
Ed Fern, PhD, Head of Corporate Nutrition, Nestlé
- 1:40 – 2:00 Committee Discussion with Presenters
- 2:00 – 2:10 **Break**

SESSION 6: Perspectives of the Food Industry and Food Service

Moderator: John Ruff, MA, Committee Member

- 2:10 – 2:25 Perspectives from the Food Processing Industry – Campbell Soup
Chor San Khoo, PhD, Vice President of Global Nutrition and Health, Campbell Soup Company
- 2:25 – 2:35 Perspectives from the Food Processing Industry – Kraft Foods
Richard Black, PhD, Vice President of Global Nutrition, Kraft Foods
- 2:35 – 2:45 Perspectives from the Food Processing Industry – Unilever
Douglas Balentine, PhD, Director of Nutrition Sciences for the Americas, Unilever
- 2:45 – 2:55 Perspectives from the Food Service Industry – Compass Group
Deanne Brandstetter, MBA, RD, Vice President of Nutrition and Wellness, Compass Group North America
- 2:55 – 3:05 Perspectives from the Food Service Industry – Burger King
Stephanie Rohm Quirantes, MS, RD, LD/N, Nutrition Manager, North America, Burger King
- 3:05 – 3:15 Perspectives from the Food Service Industry – National Restaurant Association
Elizabeth Johnson, MS, RD, Executive Vice President for Public Affairs, National Restaurant Association
- 3:15 – 3:45 Committee Discussion with Presenters



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3:45 – 3:55 **Break**

SESSION 7: 3-Minute Comments from Stakeholders

Moderator: Jane Henney, MD, Committee Chair

Stakeholders Registered to Make Comments as of March 10, 2009:

The Salt Institute (Morton Satin)
The Truthful Labeling Coalition (Charles Hansen III)
Center for Science in the Public Interest (Michael Jacobson)
Grocery Manufacturers Association (Robert Earl)
American Heart Association (Frank Sacks)
Centers for Disease Control and Prevention (Darwin Labarthe)

5:00 **Adjourn**

This meeting is being held to gather information to help the committee conduct its study. This committee will examine the information and material obtained during this, and other public meetings, in an effort to inform its work. Although opinions may be stated and lively discussion may ensue, no conclusions are being drawn at this time; no recommendations will be made. In fact, the committee will deliberate thoroughly before writing its draft report. Moreover, once the draft report is written, it must go through a rigorous review by experts who are anonymous to the committee, and the committee then must respond to this review with appropriate revisions that adequately satisfy the Academy's Report Review committee and the chair of the NRC before it is considered an NRC report. Therefore, observers who draw conclusions about the committee's work based on today's discussions will be doing so prematurely.

Furthermore, individual committee members often engage in discussion and questioning for the specific purpose of probing an issue and sharpening an argument. The comments of any given committee member may not necessarily reflect the position he or she may actually hold on the subject under discussion, to say nothing of that person's future position as it may evolve in the course of the project. Any inference about an individual's position regarding findings or recommendations in the final report are therefore also premature.