

# Improving CACFP through Research, Outreach, and Implementation:

## A Workshop for the Committee to Review Child and Adult Care Food Program Meal Requirements

The National Academy of Sciences  
2100 C Street, NW  
Washington, D.C.

Lecture Room

February 23, 2010

**8:00–9:00 am**      **Registration**

### INTRODUCTION

**9:00 am**      **Welcome**  
*Suzanne Murphy, Ph.D., R.D., Chair, Committee to Review Child and Adult Care Food Programs*

### SESSION 1: CACFP RESEARCH

**9:10 am**      **Promoting Healthy Eating and Physical Activity in CACFP**  
*Lorrene Ritchie, Ph.D., University of California–Berkeley*

**9:30**      **Environmental Influences on Eating Behavior of Children**  
*Marlene Schwartz, Ph.D., Yale University*

**9:50**      **Q&A**

**10:00**      **BREAK**

### SESSION 2: OUTREACH – VOICES FROM THE PROGRAMS

**10:30 am**      **Adult Day Care Program Issues**  
*Michael S. Young DiGeronimo R.D., Madison Adult Day Health Care Center, Arlington County Department of Human Services, VA*

*Donna Cross, The Support Center, Montgomery County, MD*

**10:50**      **Child Care Program Issues**  
*Everludis Lopez R.D., Head Start, Fairfax, VA*

*Tanya Matthews, Latin American Community Center, Wilmington, DE*

**11:10**      **Q&A**

### SESSION 3: PROGRESS IN PROGRAM IMPLEMENTATION

- 11:30 am**                    **Best Practices for Obesity Prevention and Health Promotion**  
*Debbie Chang, M.P.H., Nemours, Delaware*
- 11:50**                        **Healthy Meal Patterns in CACFP: New York State's Perspective**  
*Lynn Ouderkerk, M.A., R.D., Center for Community Health, New York  
State Department of Health*
- 12:10 pm**                   **Q&A**
- 12:30**                        **Potential Impact of Type of Retail Outlets on CACFP Food Costs**  
*Ephraim Leibtag, Ph.D., Economic Research Service, U.S. Department of  
Agriculture, Washington, D.C.*
- 12:50**                        **Q&A**
- 1:00 pm**                      **Adjourn**